



Friday,
November 5
6:30-7:45pm

bedtime & bathtime



Help Me Grow Alameda County

presents a Zoom series on

BEDTIME, BATHTIME, AND BOOKS: Building Supportive Routines

Friday,
November 12:
6:30-
7:45pm



The first 100
registered
participants
will receive
FREE themed
book bundles
with craft
supplies!

books

Register here!

<https://bit.ly/HMGENG>

Virtual Storytime available during workshop
for children on the same Zoom link.
Additional mobile device required for access.

