



JOIN THE CONVERSATION

Parent Café: Parenting and Discipline **Thursday, May 14, 2026 • 6:30 pm-8:00 pm** **Via Zoom (link sent upon registration)**

We warmly invite you to join our discussion-based virtual Parent Café—a supportive space to connect with other parents and reflect on everyday parenting experiences. Together, we will explore how parenting approaches shape children's behavior and learn practical, positive strategies to support their development.

THE FIVE PROTECTIVE FACTORS

Parental Resilience • Social Connections • Concrete Support
Knowledge of Parenting and Child Development • Social and Emotional Competence of Children

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